

Nail Your Pace, Win A Race

Here's a description of the course...

- Leave A Runner's Mind and turn RIGHT on Spruce Street.
- Descend Spruce and turn RIGHT once you reach Julius Kahn Park.
- Descend from Julius Kahn Park to Portola St. Follow Portola to MacArthur Ave.
- Turn RIGHT on MacArthur Ave and follow to Presidio Ave.
- Veer RIGHT on Presidio Ave towards Lincoln Ave.
- Turn LEFT on Lincoln. Run briefly along Lincoln and then turn RIGHT on Girard.
- Follow Girard to the Marina. Girard turns into Marina Boulevard.
- Cross over to the other side of Marina Blvd and continue towards the Marina Green Monkey Bars (adjacent to Marina/Webster).
- Turn around and head back the way you came to A Runner's Mind!

(4.93 miles)

WWW.SANFRANCISCORUNNINGCLUB.COM

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